DAY ONE
SEPTEMBER 5, 2019 (THURSDAY)

08:30 – 09:30  Registration
09:30 – 10:00  Opening Ceremony by Hassan Galadari, MD
10:00 – 10:10  Introduction

SESSION 1: UPPER FACE

Chairperson: Naif Alnomair, MD
10:10 – 10:20  Anatomy
              Hytham Jamjoom, MD, Kingdom of Saudi Arabia
10:20 – 10:30  Beauty Standards
              Alaa Aref, MD, Kingdom of Saudi Arabia
10:30 – 10:40  Rejuvenation
              Alaa Aref, MD, Kingdom of Saudi Arabia
10:40 – 11:25  Q & A and Live Demonstration
11:25 – 11:40  COFFEE BREAK

SESSION 2: MID FACE

Chairperson: Sami Sawan, MD
11:40 – 11:50  Anatomy
              Hytham Jamjoom, MD, Kingdom of Saudi Arabia
11:50 – 12:00  Beauty Standards
              Hytham Jamjoom, MD, Kingdom of Saudi Arabia
12:00 – 12:10  Rejuvenation
              Hytham Jamjoom, MD, Kingdom of Saudi Arabia
12:10 – 12:55  Q & A and Live Demonstration
12:55 – 14:00  LUNCH BREAK
SESSION 3: LOWER FACE

Chairperson: Alaa Aref, MD
14:00 – 14:10 **Anatomy**
Hytham Jamjoom, MD, Kingdom of Saudi Arabia
14:10 – 14:20 **Beauty Standards**
Sami Sawan, MD, Kingdom of Saudi Arabia
14:20 – 14:30 **Rejuvenation**
Sami Sawan, MD, Kingdom of Saudi Arabia
14:30 – 15:15 **Q & A and Live Demonstration**
15:15 – 15:30 **COFFEE BREAK**

SESSION 4: NEUROTOXINS

Chairperson: Hytham Jamjoom, MD
15:30 – 15:45 **Neurotoxins**
Naif AlNomair, MD, Kingdom of Saudi Arabia
15:45 – 16:00 **Indications**
Naif AlNomair, MD, Kingdom of Saudi Arabia
16:00 – 16:15 **Long Duration of Effect for AbobotulinumtoxinA**
Maurizio Viel, MD, United Arab Emirates
16:15 – 16:45 **Live Demonstrations**
Naif AlNomair, MD, Kingdom of Saudi Arabia
16:45 – 17:15 **Live Demonstrations**
Maurizio Viel, MD, United Arab Emirates
**CONFERENCE PROGRAM**

**DAY TWO**

**SEPTEMBER 6, 2019 (FRIDAY)**

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**SESSION 5**

**Chairperson:** Stefan Lipp, MD

**09:00 – 09:15**

*The Ageing Process*

Hassan Galadari, MD, United Arab Emirates

**09:15 – 10:15**

*Skin Bioremodeling with Hybrid Cooperative Hyaluronans Complexes*

Dalvi Humzah, MD, United Kingdom

**10:15 – 10:30**

*Anatomical Concepts in Soft Tissue Augmentation*

Wolfgang Redka Swoboda, MD, Germany

**10:30 – 11:00**

*Live Demo (HA Bioremodeling)*

Dalvi Humzah, MD, United Kingdom

**11:00 – 11:30**

*Live Demo (CaHA Rejuvenation)*

Hassan Galadari, MD, United Arab Emirates

**11:30 – 11:45**

*Coffee Break*

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**SESSION 6**

**Chairperson:** Stefan Lipp, MD

**11:45 – 12:00**

*Gender Differences*

Hassan Galadari, MD, United Arab Emirates

**12:15 – 12:30**

*Live Demo (Woman)*

Wolfgang Redka Swoboda, MD, Germany

**12:30 – 13:00**

*Live Demo (Man)*

Hassan Galadari, MD, United Arab Emirates

**13:00 – 14:00**

*Lunch Break*
SESSION 7

Chairperson: Stefan Lipp, MD

14:00 – 14:15 Special Areas: Lips
Hassan Galadari, MD, United Arab Emirates

14:15 – 14:30 Special Areas: Nose
Andre Mattos, MD, Brazil

14:30 – 15:00 Live Demo (Lips)
Wolfgang Redka Swoboda, MD, Germany

15:00 – 15:30 Live Demo (Nose)
Andre Mattos, MD, Brazil

15:30 – 15:45 COFFEE BREAK

SESSION 8

Chairpersons: Stefan Lipp, MD | Ali Singel, MD

15:45 – 16:15 Challenging Cases of Lower Face
Luiz Avelar, MD, Brazil

16:15 – 16:45 SCULPTRA: Face & Beyond
Luiz Avelar, MD, Brazil

16:45 – 17:45 Q & A Live Demonstration
# DAY THREE
SEPTEMBER 7, 2019 (SATURDAY)

## SESSION 9

**Chairperson:** Ayman Al Naeem, MD

**09:00 – 09:20**
Optimizing Your Dosage of Neuromodulators, New Analyse Measurements and Technique for Up to Date Dosage
Stefan Lipp, MD, Germany

**09:20 – 09:40**
Persistent, Intermittent and Delayed Swelling (PIDS)
Andre Mattos, MD, Brazil

**09:40 - 10:00**
Dark Circles Under the Eyes
Victoria Inene, MD, United Arab Emirates

**10:00 – 10:20**
Tear Trough, Digital Planning
Islam Kassem, MD, Egypt

**10:20 – 10:40**
How Contraction Patterns of Upper Face Muscles Affect Botox Injection Techniques
Amera Elsayed Abdel Haleem Bayumi, MD, Oman

**10:40 – 11:00**
New Results with Updated Technique and New Fillers. Cannulas or Needle
Stefan Lipp, MD, Germany

**11:00 – 11:20**
Break the Code
Andre Mattos, MD, Brazil

**11:20 – 11:40**
**COFFEE BREAK**

## SESSION 10

**Chairperson:** Qasim Ahli, MD

**11:40 – 12:00**
Cellular Matrix (A-PRP and HA) the Next Step in Aging Management
Ludmila Lipkova, MD, Slovakia

**12:00 – 12:20**
Complications of Hyaluronic Acid Fillers and their Treatment
Ludmila Lipkova, MD, Slovakia

**12:20 – 12:40**
Nano Patches and Low Molecular Weight Hyaluronic Acid
Stefan Lipp, MD, Germany

**12:40 – 13:00**
Label Off Uses of Botox
Amera Elsayed Abdel Haleem Bayumi, MD, Oman

**13:00 – 14:00**
**LUNCH BREAK**
## SESSION 11

**Chairperson:** Sameer Al Ali, MD  
**14:00 – 14:15**  
**Applied Anatomy of Face for Injectors**  
Shahid Javaid Akhtar, MD, Pakistan  
**14:15 – 14:30**  
**Biological Components of Platelet Rich Fibrin**  
Abdul Hameed, MD, Pakistan  
**14:30 – 14:45**  
**Optimized Protocol for PRF Preparation**  
Shahid Javaid Akhtar, MD, Pakistan  
**14:45 - 15:00**  
**Platelet Rich Fibrin for Hair Growth**  
Abdul Hameed, MD, Pakistan  
**15:00 – 15:15**  
**Facial Rejuvenation with PRF**  
Shahid Javaid Akhtar, MD, Pakistan  
**15:15 – 15:30**  
**Critical Appraisal of PRF for Aesthetics**  
Shazia Rasul, MD, Pakistan  

**15:30 – 15:45**  
**COFFEE BREAK**

## SESSION 12

**Chairperson:** Yusra Salem Al Ali, MD  
**15:45 – 16:00**  
**Prevention of Adverse Effects Aspiration or Not**  
Stefan Lipp, MD, Germany  
**16:00 – 16:15**  
**Insulated vs Non-Insulated Radiofrequency Microneedling for Acne Scars**  
Shahid Javaid Akhtar, MD, Pakistan  
**16:15 – 16:30**  
**Non-Surgical Rhinoplasty. How to Deal with it in Order Not to Harm?**  
Kateryna Grebchenko, MD, Kuwait  
**16:30 – 16:45**  
**Economical Platelet Rich Plasma: Making of and Busting Myths**  
Aditya Mahajan, MD, India  
**16:45 – 17:00**  
**Dynamic Lip Lifting**  
Islam Kassem, MD, Egypt